

An Integrative Approach to Healing Trauma While Ending the Cycle of Addiction

Iris Healing is a detox, residential and outpatient dual-diagnosis treatment center. Our co-ed, holistic programs are located in the tranquil residential neighborhood of Woodland Hills, centrally located in the Los Angeles area.

Our doctoral level clinical team facilitates an individual trauma informed program that emphasizes recovery, trauma resolution, spiritual growth, self-care and personal development.

At Iris, we believe in modeling and teaching empathy, creating a healthy lifestyle, and cultivating meaningful connections.

Our goal is to support all clients in discovering their true spiritual self and empowering them with the tools that create a happy, fulfilled and purposeful life at Iris and beyond.

***We want to give all our clients
the gift of lifelong recovery!***



IRIS HEALING

INTEGRATIVE ADDICTION TREATMENT CENTER
RESIDENTIAL & OUTPATIENT

For Lasting Recovery



info@IrisHealing.com
Admissions (844) 663-4747
Office (818) 436-2646
www.IrisHealing.com

(844) ONE-IRIS
www.IrisHealing.com

Most PPO Policies Accepted



Detox and Residential

“Each client receives world class evidence based treatment specific to their needs.”

Every person has a unique path to recovery. Our clinical team crafts each client’s journey to include group and individual sessions across the following areas:

- Medication Assisted Detox
- Individualized Treatment Plan
- Somatic Psychotherapy
- Spiritual Direction
- Neurofeedback
- Brainspotting
- Psychoeducation
- Experiential Therapy
- Art and Music Therapy
- Family Sculpting
- Mindfulness Practice
- Yoga and Meditation

Outpatient Treatment

Our outpatient therapy offers many of the same treatment modalities as our residential program. We focus on maintaining sobriety, engaging in spiritual development, creating a support network and resolving trauma.

The program features include:

- Partial Hospitalization
- Intensive Outpatient
- Relapse Prevention
- Case Management
- TMS

Located centrally on Ventura Blvd in Woodland Hills with easy access from the 101 freeway



“Individualized and trauma informed care are at the core of Iris program’s success.”

- Dr. Elena Kapustina
CEO and Founder MBA, PsyD
in Clinical Psychology



In Network With:

