ADDICTION & MENTAL HEALTH
DON’T DISCRIMINATE

Based on Ethnicity

❖ Rates of Addiction & Mental Health Disorders (Depression, Overdose, Over Drinking, Drug use) are equal or higher in African-American, Latinx, and Asian-Americans compared to non-Latinx Whites.

❖ African-American, Latinx, and Asian-Americans tend to receive and utilize mental health services at significantly lower rates.

Based on Sexual Orientation or Gender Identity

❖ Rates of Addiction and Mental Health Disorders are equal or higher in the LGBTQ+ community.

❖ Transgender folks have over four times the risk suffering from Addiction.
Honoring Marginalized Voices

Our bodies experience and internalize marginalizing experiences. Especially for:

👩‍❤️‍👩 People of Color   👑 The LGBTQ+
👩‍❤️‍👨 All those who are sometimes excluded when we talk about Addiction and Mental Health...

A SAFE SPACE TO BEGIN HEALING

At Iris Healing we are dedicated to creating a safe space for people of diverse backgrounds and perspectives to have a voice in their treatment. We offer a truly personalized treatment approach - inclusive, person-centered, and collaborative.

Our Commitment

RESPECTING MARGINALIZED EXPERIENCE BY

👩‍❤️‍👩 Exploring the intersection of identities and people’s experiences of discrimination.
👩‍❤️‍👨 Addressing the issues and trauma underlying Addiction and Mental Health Disorders.
👩‍❤️‍👨 Looking beyond the symptoms to help anyone suffering and start the process of healing.

IRIS HEALING

Los Angeles, California

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Accredited by the Joint Commision